

Shape Your Life: 4 Weeks to a Better Body--and a Better Life

By Harris, Barbara; Hynes, Angela

Hay House, Carlsbad, CA, 2003. Hardcover. Book Condition: New. Dust Jacket Condition: New. 8vo - over 7?" - 9?" tall. Clean and tight - unused copy - Excellent!!.





Reviews

A brand new e book with a new perspective. Better then never, though i am quite late in start reading this one. I found out this ebook from my dad and i advised this publication to find out.

-- Hailee Hahn IV

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-- Giuseppe Mills

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