



The No-cry Picky Eater Solution: Gentle Ways to Encourage Your Child to Eat--and Eat Healthy

By Elizabeth Pantley

McGraw-Hill Education - Europe. Paperback. Book Condition: new. BRAND NEW, The No-cry Picky Eater Solution: Gentle Ways to Encourage Your Child to Eat--and Eat Healthy, Elizabeth Pantley, From parenting expert Elizabeth Pantley, ways to get your kids to eat their veggies at least some of the time--without battles, threats, or tears As a parent, you want your kids to eat well--not the frustration that comes with mealtime battles. In the end, it's chicken nuggets.again. Parenting expert Elizabeth Pantley will help you feed your child healthy foods without the fights and tears. In The No-Cry Picky Eater Solution, Elizabeth draws ideas from her readers around the world for getting children to eat nutritious food. She then has hundreds of parents test the ideas, so you can trust that one of these solutions that fits your situation best will work for you, too. The No-Cry Picky Eater Solution also features recipe contributions from Missy Chase Lapine (The Sneaky Chef); Jennifer Carden (Toddler Cafe); Kim Lutz and Megan Hart (Welcoming Kitchen); Lisa Barnes (The Petit Appetit); Barbara Beery (Green Princess Cookbook); Cheryl Tallman and Joan Ahlers (So Easy Toddler Food); and Janice Bissex and Liz Weiss (No Whine with Dinner). With Elizabeth's advice,...



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