



Football's Super Split: The Underdog Defense

By Siler, Bill

Human Kinetics Publishers, 1988. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service!
Summary: By using this innovative multiple-alignment, eight-man defence, American football coaches can outplay and outsmart even the toughest opponents. It allows a team to react quickly to various offensive formations, strengths, situations, and tendencies.



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