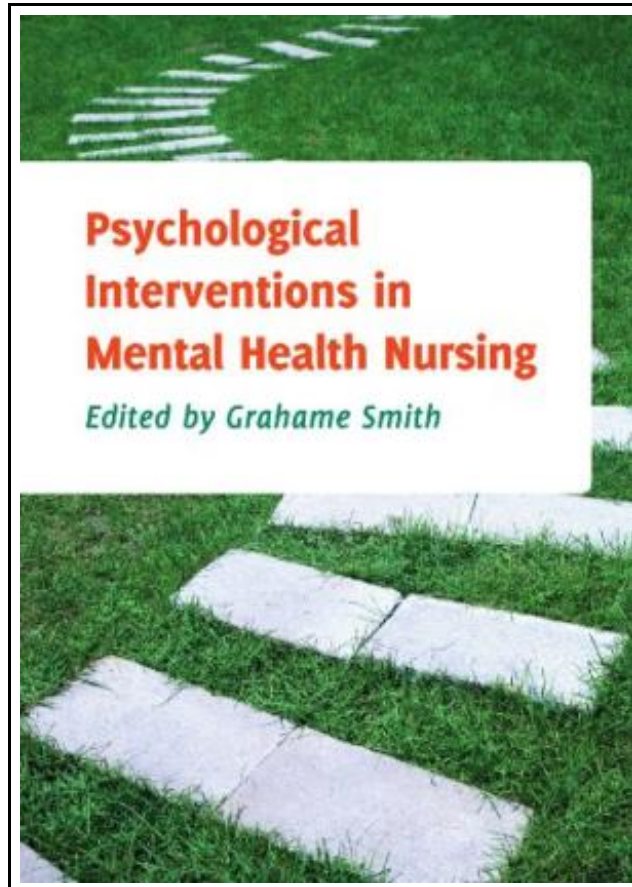


## Psychological Interventions in Mental Health Nursing



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## PSYCHOLOGICAL INTERVENTIONS IN MENTAL HEALTH NURSING



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Open University Press. Paperback. Book Condition: New. Paperback. 192 pages. Dimensions: 9.4in. x 6.7in. x 0.6in. This book provides excellent foundations in common psychological interventions that are used in mental health and other fields of nursing . . . Each chapter uses a scenario, which helps to apply the concepts to the real world of providing healthcare. This is reinforced by the robust manner in which the text signposts readers to examples which they may use or test out in their day to day practice of mental health nursing. Paul Barber, Senior Lecturer, University of Chester, UK This accessible scenario based text gets to the heart of how to effectively integrate psychological values and emotional intelligence with professional, ethical and cognitive skills to develop a meaningful collaborative therapeutic relationship with mental health service users and their families. The language, style, and format is engaging and linked to mental health field-specific competencies which all pre-registration mental health nurses must now achieve to graduate and register with the Nursing and Midwifery Council (NMC 2010). Linda Cooper, Professional Head Mental Health Nursing, Learning Disability and Psychosocial Care, Cardiff University, UK (former Chair Mental Health Nurse Academics UK This book takes you on a developmental journey of psychological interventions and provides a good grounding in the subject. It is one of few that successfully endeavours to preserve the true meaning of the service users experience whilst promoting the importance of clinical effectiveness and evidence base. This is an ideal text for student nurses and qualified practitioners . . . and is particularly rewarding given the balance of authors from a clinical, academic and research background. Dr Joy A Duxbury, Head of Centre of Mental Health and Wellbeing, University of Central Lancashire, UK Whether you struggle with mental health as a service user, or a student...



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