



## Whats Right With You Debunking Dysfunction and Changing Your Life

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By Barry Duncan

HCl. Paperback. Book Condition: New. Paperback. 250 pages. Dimensions: 8.3in. x 5.5in. x 0.8in. If its time for a change in your life and analyzing things to death has left you feeling defeated and hopeless, Whats Right With You is a must read. It will debunk conventional myths about change, quickly restore your confidence and show you how to harness your hidden personal strengths to accomplish your lifes goals. Michele Weiner-Davis author of Divorce Busting and The Sex-Starved Marriage All is indeed right with Dr. Barry Duncans Whats Right With You: an engaging, compelling, and eminently practical book that will help you to capitalize on your strengths and cultivate your power. The do-able exercises will guide you in discovering the hero within and in marshaling interpersonal relationships and personal resources. John C. Norcross, Ph. D. president, International Society of Clinical Psychology, co-author, Changing for Good Tap into your inner resilience and change your life in six dynamic and easy-to-follow steps! We live in a world pervaded by the unspoken attitude that we are all basically flawed, broken, incomplete, scarred or sick: were labeled as dysfunctional, codependent, depressed, you name it. Contrary to popular perception and drug company ad campaigns, fifty years...



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