



## Change Your Life with Positive Psychology (1st Revised edition)

By Charlotte Style

Pearson Education Limited. Paperback. Book Condition: new. BRAND NEW, Change Your Life with Positive Psychology (1st Revised edition), Charlotte Style, EVERY ASPECT OF YOUR LIFE CAN BE IMPROVED WITH POSITIVE PSYCHOLOGY. It helps build resilience, optimism, emotional intelligence, self-esteem, wisdom, motivation and much more! It wakes us up to the power of feeling good, thinking positively and acting generously.



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