



Hand & Foot Massage: The At-Home Massage Class to Stimulate Circulation, Increase Mobility and Relieve Pain (Paperback)

By Mary Atkinson

2010. Paperback. Book Condition: New. 150mm x 10mm x 201mm. Paperback. Hand and foot massage is a nurturing, personal way to promote relaxation. Its health benefits are vast, from increased circulation and mobility to better skin and nails. This .Shipping may be from our Sydney, NSW warehouse or from our UK or US warehouse, depending on stock availability. 128 pages. 0.259.



Reviews

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