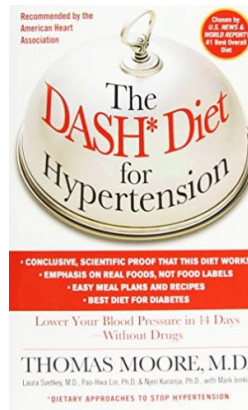


## The Dash Diet for Hypertension



### Book Review

Very good eBook and valuable one. Better than never, though I am quite late in starting to read this one. I am very easily satisfied with reading through a published work.  
**(Brianna Heidenreich)**

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